

The Infiltration of Humanistic Quality in College English Teaching

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Abstract: In order to meet the requirements of the development of society and medicine for the quality of talents and achieve the goal of medical education in personnel training, it is necessary to strengthen the education of humanistic quality of medical students, improve the position of humanistic education in the training of talents, and establish the cross-integration of medicine and humanities. Because college English course is an important platform and channel for medical humanities education in medical colleges, college English teaching undertakes the mission of humanistic quality education. Therefore, the infiltration of humanistic literacy in college English teaching should be based on the knowledge learned.

1. Introduction

In the age of the acceleration of economic globalization and the rapid rise of China's economy, with the increasing cooperation between China and other countries in the world, the cultivation of professional talents with an international vision has become the focus of higher education. Because college English has the dual attributes of instrumentality and humanity, college English curriculum in medical colleges has become an important platform and channel for the implementation of medical humanities education, so this shows that college English teaching undertakes the mission of humanistic literacy education. College English, as a compulsory course for undergraduates, runs through the whole learning process of medical students in the first two years. Therefore, it is of great real significance to explore how to improve the humanistic quality and medical humanistic feelings of medical students in college English teaching.

2. The Significance of Humanistic Quality Education in College English Teaching

Education should not only train students' ability, but also cultivate their quality. Humanistic quality education can make students improve their personality, set up a correct outlook on life and world outlook, and form creative thinking and multidimensional knowledge horizon. Humanistic quality refers to the humanistic knowledge and the humanistic spirit formed by these knowledge. People with rich humanistic qualities are always full of their own vitality, passion for work and life, and charm of human nature. College students with high humanistic literacy show many excellent qualities, such as strong sense of responsibility and enterprise, high sense of mission and self-control, etc.

Language reflecting culture embodies the cultural connotation of each country and nation in all aspect, presents the development of the country and nation, and contains their values and thought. Therefore, the process of English learning is that of learners' personification and forming personality cultivation, in which it is not only to acquire knowledge and skills, but also to cultivate sentiment, broaden horizon and improve humanistic quality. The improvement of humanistic quality and humanistic feelings has a subtle influence on language learners, which is helpful to the perfection of mind and the cultivation of overall personality. Humanistic quality and humanistic feelings should be integrated into English teaching to stimulate students' interest in learning English and culture as well as their spirit of exploration.

In addition, English teaching is not only to improve students' language ability, but also to inspire students to think about the way of social life through teaching content, and to improve students' overall quality through language education. Therefore, college English should become an important

course to improve students' English application ability and humanistic quality.

3. The Infiltration of Humanistic Quality Education in College English Teaching

3.1 Make Full and Reasonable Use of Teaching Resources

College English, as one of the humanities subjects in college courses, plays an important role in the education of college students' humanistic quality. College English teaching materials cover a wide range of subjects, involving all aspects of knowledge. The materials are selected from excellent articles, thus showing a positive and optimistic concept of life and rich humanistic spirit. This not only provides the real scene for college students to learn English, but also helps them to learn various cultural customs and humanistic knowledge. While learning English language knowledge, college students naturally receive humanistic literacy education.

Take the book 4 of Reading and Writing of New Horizon College English published by Foreign Language Teaching and Research Press as an example: the theme of Unit3 is Being entrepreneurial. The text is Fred Smith and FedEx: the vision that changed the world. In the teaching process, teachers can briefly introduce the characters and some proper names in the text to broaden students' knowledge. After that, a short exclusive interview with Ren Zhengfei from Time magazine, USA was introduced. With Huawei 5G technology entering the global market, Ren Zhengfei, the founder and president of Huawei, has also attracted worldwide attention. In 2019, Ren Zhengfei was exclusively interviewed by Time magazine. In the face of external pressure, Ren Zhengfei is firm and self-confident, showing the world the image of a Chinese entrepreneur who is elegant, intelligent, upright and courageous. After watching the interview clip, young students of the new era know Chinese enterprises and entrepreneurs while learning about foreign enterprises and entrepreneurs. This is not only a smooth transition of classroom teaching, but also allows students to realize the rise of China's economy, the thought and personality charm of China's science and technology and economic giants, strengthen national pride, establish correct values. Moreover, it reflects the ideological and political education of foreign language courses. Furthermore, through the five common traits of successful entrepreneurs summarized in the video by the Brain Tracy, one of the world's top consultants and experts in the field of individual success, medical students can explore the qualities needed to become a qualified doctor.

Another example is Unit2 of the book 2 of Reading and Writing of New Horizon College English published by Foreign Language Teaching and Research Press. The subject of the article is: the humanities: Out of date? Before class, the teacher asked the students if they know what the humanities are and why they should learn the humanities knowledge. Most of them said no. The reason is that students know little about humanities. Then import the short English video -- Why study humanities. This video clip vividly expounds the reasons and significance of learning humanistic knowledge from the perspective of human history evolution. Through the introduction of film clips, students learn about humanities and understand the significance of humanistic knowledge.

Consider also Unit2 example of the book 4 of Reading and Writing of New Horizon College English published by Foreign Language Teaching and Research Press. The theme is secrets to beauty. When it comes to beauty, most students are not unfamiliar with it. This is very close to a topic of life. They actively express their own views. First of all, the teacher introduced the short English video -- How to look beautiful without make up? Is it impossible to be beautiful without makeup? In order to solve this issue, the video puts forward five suggestions, emphasizing the effect of "beauty without makeup" through long-term adherence to a healthy lifestyle and optimistic attitude towards life; and then the teacher plays the video clip -- What is beauty? -- that is an interview about beauty with American singers and music producers, Taylor Swifts. She believes that beauty is sincere and should not just limit beauty to appearance; finally, the teacher shows a TED speech video -- Why you shouldn't feel you're ugly? This leads teenagers to establish a correct sense of beauty and enhances their self-confidence. In the speech, the speaker analyzes the cognition of contemporary teenagers about their appearance in detail, enumerates the adverse

effects caused by excessive attention to appearance and the corresponding countermeasures, helping students to think further about what the correct sense of beauty is, which undoubtedly plays a guiding role in students' outlook on life.

3.2 Focus on Student Participation

In English teaching activities, besides the effective and reasonable use of teaching material resources, teachers can also use a variety of teaching methods and multimedia network to fully mobilize the subjective initiative of students in learning. Students are regarded as the main body of English teaching activities and actively participate in English teaching activities. They should become the main participants and speakers in class.

In traditional English teaching, teachers give priority to teaching and students participate in class in a single way, mainly in the form of questions and answers to complete the English teaching content. However, under the guidance of the concept of humanistic quality education, the role of teachers has changed from the speaker to the leader. The main teaching task of teachers in the class is to enlighten and guide the general direction of learning, so that students voluntarily form groups to discuss problems, express their own views, actively participate, and finally reach a consensus to draw conclusions. Through independent thinking, exploring and solving problems in learning, students will have a further understanding of what they have learned. With the correct concept of humanistic spirit to guide students' study and life, they can change their own wrong ideas and make up for their own shortcomings so as to establish a good outlook on life and values. Therefore, it is the most important to establish a student-oriented class teaching model and make students become the speaker in class.

After class, students can develop the habit of reading, which is not only helpful for students' language learning, but also can broaden their horizons. Then, the teacher can guide the students to talk freely about what they see and express their opinions. This enhances students' language comprehension, cognition and analysis ability so as to improve their own humanistic quality.

4. Conclusion

The focus of humanistic literacy education in colleges and universities is to create a good atmosphere of humanistic literacy for college students, to integrate humanistic education into the process of English teaching, and to train students to establish correct values and world outlook. Guide students to develop their minds better, shape their personalities, and establish their goals and the meaning of life. Humanistic literacy education puts forward higher requirements for college English teachers. English teachers should not only cultivate students' knowledge of English skills, but also study how to cultivate students' humanistic literacy. Therefore, firstly, teachers should consciously enrich their own humanistic knowledge and constantly improve their humanistic literacy. Secondly, we should constantly expand the source and coverage of knowledge, be good at effectively integrating humanistic knowledge with the content of teaching materials, and comprehensively improve students' humanistic quality.

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